

On the Course System of Psychological Education Ability Training for Normal Students

Jie Xiang

North Sichuan College of Preschool Teacher Education, Guangyuan, Sichuan, 628017, China

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Abstract: The course system of psychological education ability training is a content carrier and the form of realization of corresponding courses. The normal students' psychological education ability training course system is to arrange elements of psychological education courses optimally under the guidance of educational values. It aims to cultivate applied talents with solid professional foundation and proficient operational skills by well designing perspective, objectives, content, structure and form of courses, etc. Besides, the course system helps to improve ability of normal students to adapt to actual work and solve problems independently after graduation, then to meet the needs of social development. Through exploration of the psychological education ability training course system, the psychological education ability training course goals will be finally achieved.

1. Introduction

This paper will elaborate on the importance; practicability and pertinence of psychological education ability training course system and explore how to well design the system. It aims to guide students to learn by explicit learning goals, to seek professional values by carefully-structured course content, to arouse the learning motivation of students by well-designed course strategies, to promote and enhance professional learning by a series of exploration on psychological education abilities training course systems.

2. Importance of Course System of Psychological Education Ability Training

Compared with knowledge imparting and skill training, training of psychological education ability is not only a simple transfer of knowledge and skills, but also has a deep impact on values. Training of psychological education ability is, in the final analysis, to shape the world outlook, view of life and values of normal students by this course, to strengthen ideals and beliefs of them, and to achieve teaching goals and requirements.

Curriculum system design is the key to improve scientific level of psychological education training course. Judging from actual situation, psychological education ability training courses generally focus on teaching some topics and carrying out some relevant activities. There is no systematic psychological education ability training course system.

The particularity of psychological education ability training course determines how difficult practical psychological education ability training is. It is more necessary to find the law by improving scientific level of teaching, so as to realize effectiveness of psychological education ability training.

3. Improvement of Pertinence and Effectiveness of Practical Training of Psychological Education Ability

In actual teaching, there are some problems in training of psychological education ability, which are as follows: hollowness of the training content, lack of the combination of theory and practice and separation from real life result in meaningless training without effect. Psychological education ability training activities pay far more attention to the form than content, which seems lively but the

actual effect is not good. On-the-spot teaching turned into simple visit and specific analysis turned into submission of text materials. Training methods are simple, mainly based on classroom teaching with the form of simple preaching and mechanical indoctrination. It lacks positive inspiration for normal students to arouse their subjective initiative. Without innovative teaching methods, it can draw little attraction from normal students.

The establishment of psychological education ability training course system can effectively solve these practical problems. Teachers should enhance scientific level of psychological education ability training by combining, integrating, standardizing and innovating the existing training concepts and related resources. All above will contribute to improve pertinence and effectiveness of psychological education training.

4. Design and Exploration of Psychological Education Ability Training Course System

To scientifically and reasonably optimize psychological education ability training course system, the core curriculum should be modified and improved. This process can cooperate with educational theorists, teachers, employers or other parties to enrich and improve design ideas of the curriculum. Most employers are not too satisfied with performance of normal graduates. Main reasons lie in that the newly graduated normal students have poor adaptability to work, poor teamwork and communication skills, and a long running-in period, which cannot meet the needs of actual work. Therefore, it is imperative to improve the system of professional courses and optimize teaching content, and to cultivate trained talents with psychological education capabilities who are qualified for the social needs.

The key and core of the reform is to optimize and design training course system of psychological education ability with market orientation and to allocate the number of hours scientifically and reasonably. There are many and miscellaneous public basic courses in colleges and universities. The hours of public basic courses seriously occupy the hours of professional practical training courses, which mean quite strained practical training time. Therefore, the key to optimize the setting of practical training course system of psychological education ability is to reasonably arrange the hours' distribution of public basic courses and professional practical training courses.

Teaching content of psychological education ability training course for normal students should be reasonably planned and organically linked to build a systematic and integrated professional knowledge system. Teachers should reasonably plan teaching content and methods and combine practical training with theoretical knowledge to ensure that teaching content reflects development frontier of the discipline to the greatest extent, and reflects the actual needs of enterprises to the greatest extent. All of these are conducive to better employment of normal university graduates. At present, content of psychological education ability training is repetitive, which affects their interest of learning and weakens students' ability to learn by themselves. Therefore, we should optimize the content of psychological education ability training. Teachers should avoid being greedy and seeking perfection. They need select teaching content according to the requirements and improve students' quality to adapt to their jobs.

Teachers should renew educational concept and focus on improvement of comprehensive quality of normal students. They should sufficiently arouse the enthusiasm of normal students in their study and pursue concept of talent cultivation guided by social needs and graduates' employment. Let normal students learn how to study and be active in study, so as to guide and exercise students' ability to analyze and solve problems independently. Transform traditional "teaching"-centered mode to "learning"-centered mode, take students as the main body, reform teaching process and methods, and enlighten students to learn actively, to analyze and to solve problems.

Teachers should pay attention to quality of talents, and train qualified graduates with the characteristics of the times and innovation. They should continuously improve professional training programs, enhance level of curriculum construction, update teaching content and methods, ameliorate practical teaching conditions, advance teaching results and etc. to cultivate applied

talents in psychological education with rich and broad professional knowledge, strong business capacity as well as excellent quality and skills.

In the arrangement of professional training program, teachers should pay attention to the overall design of knowledge structure, ability training and moral quality cultivation of normal students, and improve their theoretical knowledge, hands-on ability and the ability to apply their knowledge comprehensively. Teachers should also improve comprehensive quality and professional level of normal students through more useful evaluation and guidance.

Traditional teaching methods should be combined with multimedia teaching methods. In practical teaching, teachers should choose teaching methods reasonably in terms of the characteristics and contents of the training of psychological education ability, and use multimedia teaching methods and traditional teaching methods comprehensively, so as to improve teaching effect.

Colleges or universities should base training of psychological education ability of normal students on cultivation of high-quality skilled talents, rationally plan professional and disciplinary development, and focus on the actual needs of teachers in the society. In terms of teaching methods, teaching content, curriculum system and practical skills training, teachers should actively reform and continuously explore in all aspects, and improve the ability of normal students to adapt to work, so that normal students have advantages in competition and job selection.

5. Conclusion

To sum up, as future primary and secondary school teachers, the psychological education ability of normal students directly affects quality and effect of students' education in primary and secondary school. Only by ensuring psychological education ability of normal students can quality education be guaranteed. As an important element of quality education, ability training of psychological education directly affects the effect of quality education. Therefore, in the face of the social demand for versatile practical talents, as a more practice-based major, exploring and designing the training curriculum system of psychological education ability is of great significance to cultivate practical working ability of normal students.

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